

Loving
WITHOUT BOUNDARIES
CREED

XOXOXOXOXO

LIVE
WITH
GRATITUDE

BE
HONEST

Believe
IN
YOURSELF
&
IN LOVE

XOXOXOXOXO

KNOW
WHO YOU ARE
YOU HAVE CHOICES
YOUR BOUNDARIES

BE
AUTHENTIC
UNIQUELY YOU
EMPATHETIC

LOVE
WITH
ABUNDANCE

CREATE
TRUST

EVOLVE

LOVE YOURSELF • LIVE WITH INTEGRITY • EMBRACE
DIFFERENT • BE PASSIONATE • LIVE ETHICALLY • BE
GENTLE WITH OTHER'S FEELINGS • LOVE RESPONSIBLY
• GET CONSENT • RESPECT YOURSELF • RESPECT
OTHERS • SAY I'M SORRY • BE UNDERSTANDING
• ACKNOWLEDGE FEELINGS • GET GROUNDED •
DEFINE YOUR NEEDS • COMMUNICATE, COMMUNICATE,
COMMUNICATE! • COMMIT TO PERSONAL GROWTH •
SHARE WITH OTHERS • MANAGE TIME CAREFULLY •
OVERCOME YOUR FEARS • FIND BEAUTY EVERYWHERE
• SHINE YOUR LOVE & LIGHT TO THE WORLD •

BE COURAGEOUS & PRACTICE COMPASSION