



PARENTING in CNM FAMILIES

THE ADVANTAGES & DISADVANTAGES OF CNM / POLYAMOROUS FAMILIES ON CHILDREN

01 What do you want to know about parenting and/or co-parenting in a multiple-adult / CNM / polyamorous family?

02 How do you experience/anticipate/imagine the **ADVANTAGES** of multiple partner families?

03 How do you experience/anticipate/imagine the **DISADVANTAGES** of multiple partner families?



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04 What have your experiences been with discussing CNM (Consensual Non-Monogamy) and/or polyamory with children?

05 What are your concerns about discussing CNM and/or polyamory with children? Feel free to be vulnerable and honest in this safe space.

06 What do you hope will be the outcome from your discussion of CNM and/or polyamory with the children?



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07 How have your experiences with CNM and/or polyamory parenting or co-parenting been? (Advantages / Disadvantages)

08 What have your experiences with mono-normative society been?

09 What strategies have you used to manage your interactions with mono-normative society? How have these strategies worked, and how might you improve them if you use them again?



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10

Post your Top 1–3 Takeaways in the Alumni FB Group!

List the top three things that shape CNM parenting, either in your experience if you are already parenting or in your imagination if you are preparing to parent.

01 _____

02 _____

03 _____

11

Post your Top 1–3 Meaningful Actions in the Alumni FB Group!

What are the three most important strategies that CNM parents can use to manage their family lives with mono-normative society? Please post these to Facebook.

01 _____

02 _____

03 _____

Knowledge is power. Self-knowledge is self-empowerment.





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FURTHER READING & RESOURCES

MAINSTREAM PUBLICATIONS:

[Children in Polyamorous Families by Dr. Elisabeth Sheff](#)

[Polyamory and Pregnancy by Jessica Burde](#)

MORE SCHOLARLY READING (ARTICLES):

[Children of Polyamorous Families, 2013](#)

[Resilience in Polyamorous Families](#)

[Polyamorous Families and the Best Interests of Children Standards](#)

[Polyamorous Families, Same Sex Marriage, and the Slippery Slope, 2011](#)

[Polyamorous Parenting and LGBTQ with MPC](#)

[US Law Along the Slipper Slope:
the limits of a sexual rights strategy for polyamorous parents](#)

